

I'M GIVING MY SORE HANDS TWO PAGES TO WRITE FREE
AND THOUGHTS COME OVER THE ISLANDS POURING THOUGH
UNLIKELY TO SPIT THEY TRAVEL AS WONKY AS THEY DE-
CIDE TO LAND. BOOKING TICKETS FOR PLACES DISRUPTED
AND SHALLOW FENCED IN BY WATER WALLS I THINK OF
WHAT I AM DOING AS I DO IT WITHOUT CENSORING
THE DOING ALTHOUGH AN UNCENSORED MIND
EXISTS ONLY IN RETROSPECT AND SENSE COMES
THROUGH THE SWEAT OF POETS UNKEPT WITH SKIN
LIKE THIS THICK HIDE YOU'D THINK ONE WOULD
RESIDE IN COMFORT AND STABILITY BUT A GOOD
SHELTER LEAVES MAKES WAY FOR WONDER AND
WANDERING MIND EYES THAT TRY AND FOCUS A
SUBJECT TOGETHER BULLS EYES TOGETHER SLEEP WILL
NEVER FAIL TO BRING BACK A DAY OF CABAR
TO ONE'S BONE LAYING THICK ON THE SLAB OF
DVO TONE DAY COUCH LOVE SEAT I WRITE OF SITTING
REST AND UNRESTFULLY LAYING OPEN EYES CREEP TILL
THE NAP TIME CRAWLS AS THE ALARM TICKS OFF
AND JUST AS THE NONSENSE GETS GOOD I RE-
MEMBER WHY I SAT DOWN AND BEGAN THIS
ESSAY - TO WRITE ABOUT THE ACT OF THE
AUTOMATIC, THE FREE VERSE TO END ALL POET
UNNNE BEES THE STING OF SELECTIVE WORDING
OOZING OUT OF THE RED SPOT WHERE ONE
IGNORES AND CHANCES QUICK CHOICES AND DANC-
CES A BAITERING GAME OF DECISIONS ON
PAPER INK PAPER INK HAND CRAMPING TWITCH
OF AN ACTIVITY A FOOLISH WAY TO REMIND
ONESELF OF THEIR LIMITED VOCABULARY AND YET
THE QUICKEST WAY TO UNLOCKING NEW LANGUAGE.
FIRST PERIOD OF THE SENTENCE BENDING PAGE
HITS LIKE AN UNKNOWN SLAP THICKS THE BUSH
OF TWIGS CRAWL CRADLE UP THE STREAM'S
COOL CONSCIOUSNESS AS THE MIDDLEMAN CAVES TO

UNDENIABLE URGES FOR GRIT AND SCRATCHING OF PAGE.
IN THE TIME IT TAKES TO WRITE THE LONG WORDS
I COME UP WITH MORE & SCRATCH OUT THOSE THAT
SEEM UNSURE ANY BURN IN THE ONLY THINGS THAT
CAN BE NAMED IN INK FOREVER PENCILED THICK
THERE'S THAT WORD AGAIN ISLAND LIKE A TEXTILE
THAT'S ON A PAGE FELT BY THE MIND AND
LIVING IN THE HAIRS ON AN ARM THAT STRETCHES
FOR NORFOLK I'M REMINDED THAT I'M LIVING ON
UNDER A FLIGHT PATH I AM WHICH THAT WHICH
IS BURNT BY THE WAY OF HER LIGHT AS THE
OVERHEAD IS TOO STRONG COMING ON - NO ROMANCE
IN THE NEW TONIGHT - MY ROUNDS MADE AS I
MAINLY EXERCISE MY MUSCLE ON THE ARM THAT
IS TAKEN BY AN UNDENIABLE URGE UNCONTROLLED
YES END THE WORD THERE & COME BACK AROUND
TO EXPLAINING THAT WHICH CANNOT BE EXPLAINED
AS IT IS THE ONLY THING THAT REMAINS
AS THE AUDIENCE WONDERS WHAT WAS PASSING
THROUGH THE AUTHOR AS HE EXCLAIMED IN
TYPE THE LIMELIGHT LIES UPRIGHT AND IN
A GRASP WE ARE REMINDED THAT ALL GOOD
THINGS ARE RELATIVE TO OUR BETTERING OF
OURSELVES NOT THE WILLS TO BE WISHED FAIR
LADIES WILL BARE WITNESS TO NAKED CAIR'S
AND THEMSELVES WILL KNOW THE THINGS THINGS
THINGS THAT MAKE UP THEIR PLANS BUT
WE ARE FEVERS OF ENVY FOR CREATION OF
GREAT POSSIBILITY - EXPECTATION COMES ARISES
AS I POINT. END OF THE MUSCLE.

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- I come up AGAIN minutes later as one word for
air, this time punctuated and fluid as the maiden
I might or may have mentioned. She is one sly
beast she who turns my hands into submissions
of no grief no fear lesser words are sure
said with pride but this way at least I can
see them as the glide and I'm not listening
I watch the words come out of your mouth
as they're listening, but sitting hereby
candlelit gaze I can slip my subconscious
my memory of muscle calligraphic memory
photogenic memory, palaces of unkempt memory
and imagined sentences. sentences as
phrases. It's a mind so very a race against
the latter (the mind that is) vs the
muscle the decision and veto what can't
be stopped who is a phantom and who is
the cop who trucks down the hill when
really the interest of it isn't the charac-
ters who omitted or committed but the
fact of the crime. As I fatigue I sleep
in future so I come back around bally
talk lame as so words that can't be said
you'd think fuck why didn't I come up with
way for this seal why did I have to pick
up an envelope to be licked and leave the
letter unbroken on my tongue chemicals
of or are now no fun.

A QUICK WIKI SEARCH MIGHT SUGGEST THE DIFFERENCE BETWEEN AUTOMATIC WRITING AND FREE WRITING - AS THOUGH THE LATTER WASN'T A POSSESSED FORM OF THE INTUITION AND THAT NO SUPERNATURAL FORCE RAN AROUND ITS COVES. BUT I SAY I SPELL AND I DECREE THAT THE ACT OF SPEED-WRITING, WHAT HAVE YOU, IS A GHOST OF CONSCIOUSNESS. I TRY AND GET AS COZY AS I CAN WITH MY OWN THOUGHTS SOMETIMES, OBSESSIVELY, THE ACTS OF TAKING IT IN ARE NECESSARILY IN VAIN AND BY THIS VANITY I SIT TIME AND TIME AGAIN TO TAKE IN A MOMENT THAT WAS AND HOW I CHOSE TO CAPTURE IT. I COLD BORE YOU WITH MY EDITED THOUGHTS AND MY CLEVER WORDS KINDLY NUDGING YOU INTO SUBMISSION SO THAT YOU DO AS I DO BUT KNOW THAT I SAVE YOU THE HARM BY RENDERING MY RAMBLINGS RATHER THAN MY SCRATCHED OUT PAUSES AND TIMED HUMOR. TAKE IN THE MOMENT I TOOK TO DWELL IN AN ACTIVITY, AND NOT THE TIME IT TOOK ME TO SHOW YOU MY AUTHORITY ON A SUBJECT THAT CAN'T BE GOVERNED.

WORDS AS SHAPES.
STREAM OF CONSCIOUSNESS.